



EANAFreeway

Esperanza Area of Narcotics Anonymous Newsletter

2nd quarter 2024

This edition we are focusing on:

What the NA symbol means to me

Send submissions, questions, comments, artwork or concerns anytime to newsletter@eanaonline.org

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Well first off allow me to elaborate on the simplicity part of our symbol. So at first glance, I first saw a circle with a square inside of it with the letters NA in it. It wasn't until I started working my program, which was doing step work and being of service that the symbol began to pop out more and more!

I love the universal part of our program, which is the outer part of the circle. For me that means a lot! Our diversity is our strength! I love that we all come from different parts and walks of life, beliefs, religions, and cultures. We are all able to come together as one with a common denominator, that we all suffered from a disease. More importantly, we all seek a solution and better way of life!

Now the bold strong square represents a pure and solid image of clear and uncut goodwill! Goodwill has been one of the main factors in my life that has been absent. But it is now present! With good will comes perseverance, integrity, humility, punctuality, etc. To me the square stands out just as goodwill should.

The four base pyramid that arises from the square represents myself as an individual. But I must remember "I can't but we can!" And finally God, finding a trusting and loving God! A God of my understanding. Which all allows me to reach my ultimate freedom! The more my network grows, the bigger my pyramid gets. Which allows me to keep reaching higher peaks of freedom.

Eric E.

"All parts are closely related to the needs and aims of the addict who is seeking recovery, and to the purpose of the Fellowship which is to make recovery available to all."

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My gratitude speaks when I care and when I share

With others the NA way

Gratitude Prayer ~ back side of medallions



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The key to the NA symbol is described as Simplicity, defined: the quality or condition of being easy to understand or do.

The Universal Program invites addicts to a new way of life. It matters not where you live. I've seen the program's application transform addicts and they begin to thrive.

Society utilizes "the lie", that once an addict, always an addict. NA pushes back on this notion by supporting the addict, helping them face the complexities of life, and become valuable to society. The program presents the ability to face self. When I realized the problem was not the drugs and the real problem was myself- NA awakened me to find the nature of my disease and I am forever grateful.

Addicts may see God as a source of denial and a misunderstanding of spirituality. I respect the NA is not a religious program. But the spirituality I follow is harmony with life, evident when I simply see the right from wrong. Service keeps me clean. Recovery is rooted in giving back- by not sharing my time and my talent is a disservice to the fellowship. Service gives me purpose.

Goodwill produces spirituality. Goodness percolates when we embrace someone who's experienced relapse, "... relapse may be the jarring experience that brings about a more rigorous application of the program." So goodwill shines for the still suffering addict. Freedom from addictive addiction. Our decision is to choose: live the NA way or to live a life of misery and pain. At the end of the day, I choose the freedom in our NA symbol.

Isaac R.

What does the NA symbol mean to me?

To me the NA symbol is a perfect representation of what Narcotics Anonymous stands for. It symbolizes how important the foundation is, of not just our fellowship, but of the recovering addict. When I think about all the four points that make up our symbol, self, society, God and service. I am reminded how everything that we do in recovery is to be better individuals and productive in society to do good for others.

First, staying clean helps me begin to help me stay open minded and willing to receive help from others so that I can eventually build relationships in recovery, then work the steps with a sponsor. In the step working process, I begin to get a better understanding of the God of my understanding as a result of working steps 1, 2, and 3. When I continue to work more steps such as 4, 5, and 6, it helps me learn more about my behaviors and how I can take a look at the harm I have caused myself. When working deeper entering steps 7, 8, and 9, I now get to look at others and the harm I have caused society. Then working steps 10, 11, and 12 are the maintenance steps that help me stay connected to God and how I live life as a result of the step work I have done. Step 12 is a great symbol of service work which completes the foundation of our symbol because as I continue to myself up, I get to help others and lead them in the NA way.

When we lead the way and help others in their recovery process, we broaden our base and in turn get to a higher point of freedom. Being that this is a 12 step program, the steps need to be worked in order to receive the full benefits of what NA offers us.

In Loving Service,
Monica R.

"The outer circle denotes a universal and total program that has room within it for all manifestations of the recovering person."

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The NA symbol represents God doing for me what I cannot do for myself. When I started becoming aware of what honesty truly meant, I began to see my spiritual awakening. This is when I started to become more open minded and willing to broaden my base of my recovery to indulge in solutions to my problems. Being a part of something greater than me, moving out of my own way to be of service and to do God's will. This has allowed me to climb to the top of the pyramid, FREEDOM.

Kind Regards,

Dana S.

What the NA symbol means to me!

The base is the circle of recovering addicts from all walks of life. Addicts that fellowship, have sponsorship relationships, have meetings, participate in H&I and conventions.

The inside of the circle has a square and the four sides represent what builds the pyramid- self, society, service and God.

The ever growing pyramid expanding the circle around us to the highest point of freedom and goodwill when we work the 12 steps and live the program of Narcotics Anonymous.

Mario L.



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What the NA symbol means to me is freedom from active addiction. When I practice the principles of this program in all my affairs, which just so happens to be with God, service, society and self, I am freed from my self made prison. This starts in my thinking and in my actions which are mainly centered on self. By practicing goodwill (doing the right thing for the right reasons), I believe the chains get broken and I am free to be who God intended me to become. God centered service to others and a productive member of society. I am freed from self and can experience real joy, happiness and most importantly love. I am fully alive.

IT'S ALL ABOUT GOD!

Ken K.

SUBCOMMITTEE MEETINGS: 1st

Sundays

11:00 AM

ACTIVITIES:

Meeting ID:818 5018 3458

Passcode: events

12:00 PM

INTERNET TECHNOLOGY

In person

2420 Freedom Dr Suite D

1:00-2:30PM

H&I MEETING AND

ORIENTATION

2420 Freedom Dr Suite D

1:00PM

POLICY

Meeting ID:874 7199 8868

Passcode: policy

3:00 PM

NEWSLETTER:

Meeting ID:878 4933 2302

Passcode: news

4PM

PUBLIC INFORMATION

Meeting ID: 853 8484 1205

Passcode: public

5PM

PHONELINE

Meeting ID:876 9217 0200

Passcode:PhoneLine

5:30PM

OUTREACH

Meeting ID:810 2853 9946

Passcode: reach

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"Simplicity is the key to our symbol; it imitates the simplicity of our fellowship."

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